



277 Peninsula Farm Road, Suite I
Arnold, MD 21012
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COVID-19 Office Visit Policy

February 20, 2021

The safety of our patients and staff is our top priority. We continue to offer routine and urgent care visit through our telemedicine platform, however if you are scheduled for an in-office visit, the following safety precautions have be put in place:

- All individuals are required to **wear a face mask** that covers your nose and mouth at all times while in the office.
- Our staff will be wearing face masks, face shields and gloves as appropriate.
- There is a **NO VISITOR** policy. The exception would be a caregiver or emotional support person if needed. Please leave children at home.
- **You will receive a text 30 minutes prior to your appointment time.** When you arrive at the office, please **respond to the text with "ARRIVED"** and we will notify you when we are ready for you to enter the office.
- We will check your temperature upon arrival, and if elevated, we will kindly ask you to reschedule your appointment.
- The office will be sanitized daily, and all high-touch surfaces cleaned after every patient.

We continue to strive to provide our patients with the best medical care possible. Thank you for your cooperation as we continue to adapt and maintain the safest practices possible during this incredibly difficult time.

Best of health to you and your families,

The providers and staff at Inspire Integrative Medicine